

# HEALTH AND WELLBEING THEMATIC GROUP

**Minutes of the last meeting held on Wednesday 13 July 2011, 10.00am –  
12.00 at Ormskirk PCT offices**

## **PRESENT:**

Cllr Andrew Fowler (Chair)	West Lancashire Borough Councillor.
Jane Cass	Public Health Specialist, NHS Central Lancashire
Jacqui Sutton	Lancashire County Council
Sue Porter	NHS Central Lancashire
Greg Mitton	West Lancs CVS
Richard Fow	Age UK Lancashire
Allen Conway	Help Direct
Donna Studholme	Help Direct manager
Gillian Whitfield	West Lancashire Borough Council
Puala Jones	SLC Physical Disability Partnership Board
Steve Kent	West Lancashire Borough Council
Leigh Boyton	Local Resident
Mike Tasker	West Lancashire Borough Council
Debbie Young	Health Education Officer, WLBC
Charlotte Watkinson	SCFI & CVS
John Nelson	West Lancashire Borough Council
Gulab Singh	NHS Central Lancashire

## **Apologies**

Amy Witherup	NHS Central Lancashire
Dave Tilleray	Exec Manager Community Services, WLBC
Moya Sutton	Edge Hill University
Eleanor Maddocks	West Lancashire Womens Refuge
Mark Snaylam	Serco, West Lancashire
Kim Tkaczuk	Learning Disabilities Team, LCC
Elaine Downey	Stop Smoking Service, NHS Central Lancashire.
Dierdre Mitten	Skelmersdale Community Food Initiative

## **In attendance**

Julie Taylor (minutes)	NHS Central Lancashire
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## **Action**

1. **Welcome and introductions.**  
The Chair welcomed members to the meeting and introductions were made.
2. **Apologies.**  
Apologies received are noted above.
3. **Minutes from the last meeting.**  
The minutes of the last meeting were agreed as an accurate record.

#### 4. Terms of reference

The group were thanked for their contributions and comments to the draft TOR. The TOR has now been finalised and submitted to the LSP to be uploaded onto the website.

The group read through the updated paper and were advised that the TOR will be reviewed within 12 months around May 2012.

Discussions took place regarding having a representative from West Lancashire Carers; it was noted that representation would also be beneficial on the Children's Trust Partnership group.

**Action: JC invite a representative from West Lancashire Carers onto the group. JC**

#### 5. Help Direct Service Directory & Website

The group were given a demonstration on how to navigate around the Help Direct website and in particular the West Lancashire pages. This website can be accessed by all [www.helpdirect.org.uk](http://www.helpdirect.org.uk).

The main functionality is on the local events page where any events taking place in the area can be advertised free of charge. This will be useful to new residents in the area.

This website also contains links to the Well-Being directory which is managed by LCC not Help Direct. It was noted that there is an issue regarding the speed of accessing links on the Well-Being site.

The group were advised the best way to access the Well-Being directory is to use the category search. This website is used primarily for services who offer advice to members of the public. All information is up to date and provides a forum for services that otherwise wouldn't get advertised. The services offered are either free or available at reasonable cost.

It was noted that this would be useful to organisations working in a specific field to access the information relating to their target audience and print off to make a tailored directory for ease of reference.

The group were advised that further information and training can be provided if required.

**Action: Contact Allan Conway at Help Direct if training is required. All**

Cllr Fowler asked if the details of the website had been submitted to Ormskirk GB as their website receives 1000 hits a day.

**Action: DS to check DS**

#### 6. Health Champions

A brief overview of the programme of work across central Lancashire was provided to the group prior to the presentation (attached).

There are currently 70 health champions trained with a waiting list of 200+.

It was noted that Edge Hill have committed to training 100 students and will pick up the subscription costs.

Actions plans will be drawn up – the group were provided with the child and adult action plan.

A memorandum of understanding will be written; once the package is



Health Champion  
Briefing 200611 GS.d

ready for young people this will be taken to the Local Children's Trust Partnership for discussion, information and agreement.

Health Literacy agenda – A health profile was undertaken in West Lancs; the DVD is available on MP4 format – [awaiting link](#)

## 7. Skills Audit

The knowledge and skills audit was presented to the group (attached)

The group were advised that detailed reports of all the audits have been undertaken.



Skills Audit  
presenation.pdf

The Health & Wellbeing website can be accessed via hyperlink <http://www.2010healthandwellbeing.org.uk/index.php> this contains details of the five ways to wellbeing and the group were asked to consider 'making a pledge'.

## 8. Update on Health Reforms

The pause and listening exercise was conducted and has since come to an end. A report of recommendations has now been published and the group were advised of the main points.

The amendments to the Bill will be subject to the paper going through the House of Lords in the autumn.

It was noted that PCT's will not continue by October 2013. Some PCT's have clustered and will continue in some guise.

## 9. LSP Executive Update

Funding has been made available through the Performance Reward Grant to West Lancashire LSP. This will be used to be more proactive in addressing some of the local key issues in the action plan of the thematic groups.

A meeting will go ahead in August for a small group of LSP members to develop a framework to commission against this funding stream. It is anticipated that a framework will be available at the next meeting.

**Action: JC to report back to the next meeting**

JC

## 10. Developing Health & Wellbeing priorities for 2011 - 2012.

The group were provided with the update for the action plan up to September 2011. The group read through each action.

The group were advised that we are not able to make any changes to the actions as they have been agreed but comments can added.

**Action: Help Direct to send JC an update to add the comments into the action plan.**

DS

It was noted that next year's action plan (September 2011 – August 2012) will be more detailed and specific. This will be the main part of the meeting in September to work on the actions for next year's plan. The PH Outcomes Framework document will be brought to the meeting in September for reference along with the Local Health Profiles and the response to the consultation exercise with community groups. This will be undertaken with the Health Network event.

**Action: Make this the main agenda item at the meeting in September**

Cllr Fowler/Jane  
Cass/Kimberley  
Bickerdike

## 11. Venue for art exhibition

The group were asked for suggestions on where artwork produced by patients on the Mental Health ward could be displayed, preferably free of charge. The following suggestions were made:

- Local Churches display local art.
- Downstairs in the Ecumenical Centre in Skelmersdale.
- It was suggested that an art tour could be looked into.
- Network events i.e. Ormskirk Motorfest
- LCC Library services – contact Jill Irvine
- Up Holland Community Centre – contact Charlotte Watkinson
- Village in Partnership
- Moving On Lancashire contact Joan Brindle

It was suggested that this could be put in the action plan

## **12. Partner update**

- Central Lancashire Community Food Growing update was circulated to the group.
- Age Concern Lancashire is now Age UK.
- Oaks Church in Skelmersdale has been successful in securing investment money to develop a Timebank within their local area.
- West Lancs CVS, Health Network news and events flyers were circulated to the group an event is taking place this Friday, 15 July 2011.
- Launch of the National Food Hygiene Rating scheme in West Lancs, 760 premises on the scheme with huge interest from local businesses to improve their food standards.
- Employment and Learning guide awaiting endorsement. A meeting took place with the train company to discuss issues relating to wheelchair users.
- Wheelchair basket ball team has been established called 'Wheelchair Bombers'. Some issues relating to the name to be resolved.
- Update on Brookside – looking at INA support everything on track.
- Update regarding the change to domiciliary care from Sept – April. If this has been withdrawn, providing it is in the care plan you may still be entitled to receive it.
- Ormskirk GB – available to advertise local events free of charge.

## **13. Date & time of next meeting**

Wednesday, 14 September 2011 at 9.30am – 11.30am Digmoor Community Centre